establishing mutually beneficial relationships with them. Relationships are built on two-way streets (they have to be mutually beneficial). Each side has to bring something of value or the relationship will not endure. Thus, networking relationships are built upon an attitude of service and sharing.

The following Networking Tips can be used this Holiday Season 2009:

Take advantage of the relaxed atmosphere that often occurs during the holidays to begin practicing your networking skills at parties.

Reflect the spirit of the season in your communications.
A good way to learn about careers you may be interested in pursuing is to talk to people who are in those professions.

If you are currently training for a specific career and belong to a professional organization or a related club as a student, following up on each connection is the key to producing results like job referrals, professional recommendations or getting the "inside track" about potential new opportunities in the New Year.
. Establish an Internet presence (after learning rules of "Netiquette"). This is a boon to job -seekers. You can join a discussion group or read a newsgroup on a topic in your area of interest or expertise and perhaps connect with employers.

Be prepared during the course of your job search to meet with at least 60 people.
If possible, give your resume to individuals and ask them to pass it on to anyone they hear is looking for a great candidate.

Consider joining Toastmasters to bolster your job search. The group can help you overcome the fear of public speaking and learn skills to enhance your success.

Networking is all about building a circle of contacts who know your current situation and want to help you succeed in finding a new job.

Volunteer during the holidays and beyond. The United Way will have listings of nonprofits needing help.


## Top 10 Companies Hiring for the Holidays!

Recession or no, many businesses must staff up, either to maximize sales during the critical holiday selling season or to get their businesses off to a good start in 2010. According to a survey conducted by lpsos Public Affairs, $51 \%$ of employers, as opposed to $45 \%$ last year, said that Temp jobs stand a decent chance of turning into permanent hires if companies are pleased with the worker's performance.

## Winter job possibilities run the full gamut from warehouse work to positions for accountants and human resource professionals. Take a look at who's hiring:

## 1. UPS



UPS is the world's largest package delivery company

## 2. Bank of America

Provides unmatched convenience in the US,
and a leading global provider of specialized transportation and logistics services.

Bank of America.
$\Rightarrow$ serving more than 55 million consumer \& small business relationships with 5,700 retail banking offices.

## Top Job Categories:

| * Finance Jobs | * Customer Service Jobs |
| :--- | :--- |
| * Banking Jobs | * Sales Jobs |
|  | * Management Jobs |

## 4. CVS Caremark

A leading full-line retailer providing merchandise, related services \& quality brands such as Kenmore, Craftsman, Diehard and Lands' End.


The only fully integrated pharmacy health care company in the United States.Employ aproximately 215,000 colleagues in 44 states, the District of Columbia, and Puerto Rico.

## Top Job Categories:

* Management Jobs
* Marketing Jobs
* Retail Jobs
* Customer Service Jobs
* Finance Jobs


## 6. Snap-On Tools

| Sinapar | A Snap-On Tools franchise is a unique opportunity to own and operate a business founded on a premier brand that's supported by nearly 90 years of experience. |
| :---: | :---: |

Top Job Categories:

* Management Jobs * Sales Jobs


## 7. Devereux Foundation



At the Devereux Foundation close to 6,000 staff members at all levels provide professional and quality care to more than 15,000 individuals annually.

## Top Job Categories:

* Health Care Jobs
* Social Services Jobs
* Management Jobs
* Customer Service Jobs

9. Avon

AVON
the company for momen

When you run your own business with Avon, there's no limit to your financial and personal success! Your potential is driven by your goals and determination.

Top Job Categories:
$\begin{array}{cl}\text { * Sales Jobs } & \text { * Marketing Jobs } \\ \text { * Business Opportunity Jobs } & \text { * Business Development Jobs }\end{array}$

## 8. AT\&T

The largest communications company in the US \& the world. Industry leaders in providing
at\&t wireless, high speed internet, local and long distance voice, \& directory publishing and advertising services across the US.
Top Job Categories:
$\begin{array}{ll}\text { * Sales Jobs } & \text { * Retail Jobs } \\ \text { * Consultant Jobs } & \text { * Management Jobs }\end{array}$

## 10. Radio Shack

With over 30,000 employees, Radio Shack relies on a vast team of innovative thinkers to help continue to grow in the ever-evolving world of consumer electronics.

## Top Job Categories:

$\begin{array}{ll}\text { * Management Jobs } & \text { * Customer Service Jobs } \\ \text { * Retail Jobs } & \text { * Sales Jobs }\end{array}$


Carole Martin, Interview Coach Comes To Grossmont College


Grossmont College students "Boosted Their Hiring IQ" on Wednesday, November 18th in the Grossmont College Career Center, when they took the opportunity to participate in a workshop facilitated by Carole Martin, \#1 Interview Coach in America.

Ms. Martin's big question to her audience was, "Are You Prepared to Land the Job of Your Dreams?"
She went on to explain that in today's competitive job market it is worth taking some time to think about how you can describe your personality in a way that will make you stand out. The buyer needs to be sold on your uniqueness and abilities.
"Tell Me About Yourself", Carole described as the ultimate question in any Interview. Workshop participants were given Carole's Five Point System to use for this question.

Participants received top notch information during this workshop which included exercises, tools, stories and prizes as well!


Accountant
Architect
Banker
Biologist
Career
Carpenter
Chef
Chemist
Computer
Programmer
Construction
Worker
Dentist
Doctor
Engineer
Firefighter
Game Warden
Geologist
Graphic
Designer
Interior
Decorator
Interview



Maintenance Technician III, FT - \$13-15/hr. (Job \#1791563)
Description: Have knowledge of electrical and plumbing. Performs structural repairs to masonry, woodwork, and furnishings of buildings.
Requirements: Ability to lift and/or move up to 75 pounds.
Able to work flexible schedule, including evenings and weekends as necessary. Must have a CA Driver's License and good DMV record. Must have supervisory experience and be able to speak and write English well.

## Substitute Teacher, PT - \$ 10.50/hr. (Job \# 1796278)

Description: Under the supervision of the Site Supervisor, master teacher and/or teacher assists in developing and implementing weekly lesson plans for preschool children; maintaining a safe and pleasing environment for the children; assists in screening each child using appropriate assessment tools.
Requirements: Six (6) units of early childhood education or child development or CD/ECE from an accredited college/university or 4 months of ROP Training in a Child Development Program.

## Cook I, FT- \$ 12.50/hr. (Job \#1754108)

Description: Prepares and serves quality food while maintaining a sanitary work environment and safe food handling practices. Communicates and coordinates production of Cook 2 and Cook 3 positions in A La Carte food production in both hot and cold food applications. Takes facility daily inventory to forecast food orders, production levels and prep list.
Requirements: Ability to read and understand Catering Event orders for daily and forecasted production. Valid San Diego County Food Handlers Card; 1-2 years of food handling experience; first year culinary student and bilingual preferred.
Package Handler, PT- \$ 8.50/hr. (Job \#1811695)
Description: Loading and unloading packages, lifting, pushing and pulling packages at a fast pace. Starting pay begins at $\$ 8.50$ /hour and after 3 months it will increase to $\$ 9.50$ / hour. An employee receives medical benefits after completion of 1 year probation. Requirements: Be able to lift 70 lbs .


From the Grossmont College Career Center \&<br>the Student Employment Offices.


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